

NO SCIENCE, NO CURES

In 1994, Dr. Norman Sartorius, President of the World Psychiatric Association, made a shocking statement, but at the same time revelatory, during an European congress: "Psychiatrists should no longer consider that they can cure the mentally ill and in future the mentally ill will have to learn to live with their illness". [1] If we look around it's not something new: psychology and psychiatry have not done anything to solve mental suffering and, on the contrary, they caused the social fall, introducing brutal treatment and spreading distorted ideology about human nature. The moral decay is visible on the spreading of drugs between young people and in the assumption that man is nothing more than an egoist animal, which needs always to defend himself from others; nothing more than a machine. If things are in this way, we have to expect accurate medical examinations and biological tests in the field of mental health too. But this kind of analysis doesn't exist, there are only opinions. In 1992 an expert committee of the US Congress concluded: "Many questions remain about the biology of mental disorders. In fact, research has yet to identify specific biological causes for any of these disorders... Mental disorders are classified on the basis of symptoms because there are as yet no biological markers or laboratory tests for them". [2] Not having scientific and experimental basis are born, over the years, myriad of theories and opinions which contradict each other. Something unacceptable in an exact science, to the point that one can not consider psychology a science, but rather a messy of social and comportamental philosophies. As Deidre Bobgan wrote: "With over 250 separate systems of psycho-therapy, each claiming superiority over the rest, it is hard to view such diverse opinions as scientific or even factual". In this respect there are interesting anecdotes, such as the massacre at Port Arthur in Tasmania. Martin Bryant, considered responsible, has been examined by four psychiatrists and each gave a different diagnosis. [3]

What is most disconcerting is that these non-scientific theories have profoundly influenced our lives and the current thinkingness. Just browse through any magazine for realizing it, or go to the supermarket, where you discover the deception has become the weapon most commonly used to advertise products and increase profits. Nowadays we have a wide range of disciplines which have sneaked into any society ravines: work psychology, commerce, industry psychology, science of communication, politic psychology, military, social psychology, and also environmental and prison psychology, to not mention psychology of education, art or advertisement. Many of these ideologies are based on the petty background of Freud's view that man is solely directed by sexual and aggressive instincts, hence must be controlled. The philosopher Karl Popper harshly criticized the Freudian work, incorporating psychoanalysis and Marxism between the not verifiable disciplines and therefore not scientific. Not having solid experimental basis, psychology and psychiatry lay their speculation about mental illness solely on the basis of what is commonly regarded as normal. In this way, behaviors and emotions may be considered abnormal and as such "cured", since found only in a small number of individuals. Someone at this point could argue that however psychiatric treatments demonstrate the existence of biological causes. But this is not true and is easily demonstrable. Suppose that someone has the ability to play piano and then takes drugs to suppress this behavior. Does this evidence perhaps that the abnormality has a biological origin?

Among psychiatrists and psychologists there is not a unique opinion about what should be considered mental illness, and for this reason is published DSM, the diagnostic manual, which they adhere to evaluate the behavior. This handbook has been

made according to the views of the majority, by show of hands. The psychologist Nathaniel Branden writes in his book: "Universally applicable concept of mental health is impossible. [...] since behaviour which is regarded as healthy or normal in one culture may be regarded as neurotic or aberrated in another, all criteria are a matter of 'cultural bias'".

In light of these facts, questionnaires and surveys on which "mind doctors" still base many of their studies, we can conclude with absolute certainty that psychology and psychiatry are not scientific.

Not only that, these disciplines have also led to a raising social deprivation, with the spread of psychotropic drugs, street drugs, and the destruction of human dignity. The human being has been reduced to an object to be treated as a rat, to be punished with electric shocks and chemicals. In doing so we have forgotten the true human essence, that is positive emotions, love and the best side in every one of us.

[1] <http://rochellemacredie.blog.com/3221570/>

[2] The Biology of Mental Disorders, U.S. Gov't Printing Office, 1992, pp. 13-14, 46-47

[3] <http://www.dentrolanotizia.it/benessere/129-psichiatria-rifuggendo-la-verita-.html>